



## Unbirthday Party

“A very Merry Unbirthday to you.” Walt Disney famed Lewis Carroll’s Alice in Wonderland (originally *Through the Looking Glass*) and the magical idea of celebrating an unbirthday. An unbirthday is any day of the year which is not your real birthday. So every year you get 364 unbirthdays! Each person in our family chose a date in the year to be their unbirthday (mine is 21<sup>st</sup> October) and that day things are done a little silly in our house. You, too, can start this tradition and make some fun family memories.

### Invitations

Get your unbirthday child to create an A4 poster to display on the fridge letting everyone know how they’re going to celebrate. If you’re inviting others to your festivities, making your own crazy invites will be great fun. Try writing things backwards, having an ‘inside out’ dress code or displaying their crazy menu choices for the family to see.

### Food

There are no rules in deciding what food to serve at your unbirthday lunch or dinner. My kids choose one meal of the day and pick whatever they’d like on the menu. Ice-cream for dinner followed by nachos for dessert? Perfect! Lasagne for breakfast? Why not! It’s always a little silly but that’s how an unbirthday is meant to be.

Why not try adding food colouring to otherwise normal food to create crazy colours. Blue mash potato, purple pasta bake or green pumpkin soup are all simple ways to mix things up. There are some excellent natural food colourings on the market if artificial colours make your family go troppo.

An easy way to get in theme is to eat somewhere different... on the trampoline in the backyard, picnic on the bedroom floor, in front of a movie, inside the kids cubby etc.

### Games

Alice in Wonderland is a great movie to watch on an unbirthday and there’s no doubt it’s one of the silliest movies ever! You could even dress up in character and hold your own Mad Hatters Tea Party.

Get creative and put a twist on some family favourites, get out some kids puzzles and do them picture face down (much harder than it sounds!) or change the rules on their favourite board game.

Carry the fun on into the night by swapping the end of the bed the kids sleep on for one night. Just swap their pillow, sheet and doona down the other end and see if they enjoy silly sleeping to finish of a very crazy day :)

### Cake

Cupcakes are easy to do for an unbirthday. Cool them upside down and once cool, ice the bottom instead of the top. See too if you can download a version of ‘the Unbirthday Song’ from 1951 to sing along to.

The most important thing with an unbirthday is to have fun and not take yourselves too seriously! Take lots of photos and enjoy being silly and having a belly laugh with your family!